## They That Go Down to the Sea In Ships

Commissioned by St. Thomas's Anglican Church, Toronto, for its Evensong Choir in memory of Roland Andrews.

Psalm 107: 23a; 24-29a Jared Tomlinson



They that go down to the sea in ships,

These men see the works of the Lord, and his wonders in the deep.

For at his word the stormy wind ariseth, which lifteth up the waves thereof.

They are carried up to the heaven, and down again to the deep:

Their soul melteth away because of the trouble.

They reel to and fro, and stagger like a drunken man, and are at their wits' end.

So they cry unto the Lord in their trouble, and he deliv'reth them from their distress.

For he maketh the storm to cease, so that the waves thereof are still.

Then are they glad, because they are at rest.





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